

Transcranial Magnetic Stimulation

WHAT IS TMS?

A NON-INVASIVE, FDA-CLEARED TREATMENT FOR DEPRESSION, ANXIETY, AND OTHER MOOD DISORDERS. IT USES MAGNETIC PULSES TO STIMULATE AREAS OF THE BRAIN RESPONSIBLE FOR MOOD REGULATION—WITHOUT MEDICATION OR SURGERY.

HOW DOES IT WORK?

TMS DELIVERS FOCUSED MAGNETIC PULSES TO THE PREFRONTAL CORTEX OF THE BRAIN. THESE PULSES HELP RESET NEURAL PATHWAYS AND IMPROVE SYMPTOMS OF DEPRESSION AND OTHER MENTAL HEALTH CONDITIONS.

WHO IS IT FOR?

- ADULTS WITH TREATMENT-RESISTANT DEPRESSION
- PATIENTS WHO HAVE NOT FOUND RELIEF FROM MEDICATIONS OR THERAPY
- INDIVIDUALS SEEKING A NON-MEDICATION APPROACH TO MENTAL WELLNESS

HERE AT HELIOS!

- PERSONALIZED TREATMENT PLANS
- COMPASSIONATE, EXPERT PROVIDERS
- COMFORTABLE, QUIET TREATMENT ROOMS
- INSURANCE-COVERED OPTIONS AVAILABLE - FOR MAJOR DEPRESSIVE DISORDER

WHAT TO EXPECT

- *Daily Sessions for 6 weeks*
 - *Monday - Friday*
 - *20 Minutes*
- *No anesthesia or sedation*
- *Safe & Well tolerated*

COMMONLY TREATED WITH TMS

*Major Depressive Disorder
Anxiety
OCD*



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